



# Lionsbrae residential care home

**Our Lionsbrae residential care home is a home with a difference. We are small, independent, community based, and we care.**

Lionsbrae is a unique residential care home in Ringwood East and our residents reflect the vibrancy and diversity of the broader community: many are elderly, many are under 65, some need a high level of care, and some are NDIS participants.

Lionsbrae is caring and engaging.

## **Food glorious food!**

We know that tasty and nutritious meals are integral to our residents' happiness and well-being and so all our meals are cooked on-site by our own kitchen staff.

We also have a regular *Food Forum* where residents guide the menu and food choices.

## **Registered Nurses and care staff**

Lionsbrae has a Registered Nurse on duty all day, every day. Our RN's are supported by our wonderful Enrolled nurses and personal care staff.

## **Memory support unit**

Lionsbrae has a 22-bed memory support unit.

## **Lifestyle program**

Lionsbrae offers an engaging lifestyle program developed around resident's individual preferences.

Some of our activities include:

- bus outings in our community bus
- regular visiting entertainers
- our pool table and popular pool competition
- Friday happy hour
- the wonderful Lort Smith therapy dogs
- Coffee club
- Individual 'one on ones' with residents who prefer not to socialize in groups
- Communal religious services (spiritual, non-denominational)
- Monthly *residents' meeting*

We also offer a visiting hairdresser, art therapy, tai chi, and onsite physiotherapist.

**Want to know more?** Call Cathy Hallett on 03 9870 7523 or email [operations@ralac.org.au](mailto:operations@ralac.org.au) Or visit [www.ralac.org.au](http://www.ralac.org.au)

**Where is Lionsbrae?** Lionsbrae is conveniently located at 29 Everard Road, Ringwood East 3135.

**Can I have visitors?** Yes, visitors are welcome seven days per week.

**How much does it cost?** This is complex to explain but many of our residents are fully concessional which means that all their fees are paid by the Federal Government. We also negotiate flexible accommodation contributions if you are not eligible for concessional fees.

Talk with us for details suited to your individual circumstances.

**Do you have a grand piano?** No, we don't have a grand piano. Great staff and great care but no grand piano.

## **Our history**

Lionsbrae is operated by Ringwood Area Lions Aged Care (ralac) which is an independent not-for-profit organization. We are governed by a voluntary skills-based board and employ a professional management team and caring staff.

Our heritage stems back to 1963 with the opening of the Lionswood Village affordable housing in Kirk Street, Ringwood. Later in 2003 three Melbourne Lions clubs merged their respective community housing and aged care services to create Ringwood Area Lions Aged Care Incorporated, "ralac" was born. Lionsbrae opened in 1984 and was extensively refurbished and expanded in 2016.

Today ralac operates from three sites across Ringwood and provides affordable community housing or residential care to 130+ elderly or vulnerable people in our community. We are also proud to collaborate with Uniting Wesley to provide crisis accommodation.

## **Privacy and comfort**

All residents' rooms are bright and comfortable with a private ensuite, a nurse call bell, a built-in wardrobe, a comfortable bed and chair, and a sunny window.

## **Vision and mission**

We will strive to provide quality care, services and accommodation to the elderly and most vulnerable in our community. That's what we do.

## **We love the NDIS!**

We are a Registered NDIS Provider and about one third of our residents are NDIS participants.

Lionsbrae has a full-time NDIS Integration Coordinator who can liaise with your existing NDIS support services to help you get the most from your NDIS package. If you wish, you can even appoint our NDIS Integration Coordinator as your NDIS support coordinator.

## **Allied health services**

Lionsbrae offers a wide range of allied health services via on site and visiting practitioners.

## **Housekeeping services**

All our food, personal laundry and cleaning services are provided onsite by our own staff.

## **Want to know more?**

We understand that the decision to move into residential care can be confusing and stressful. So, call Cathy Hallett for a no obligation chat on 03 9870 7523 or email [operations@ralac.org.au](mailto:operations@ralac.org.au). Cathy is happy to answer any questions and / or arrange a tour.

Lionsbrae is a service provided by Ringwood Area Lions Aged Care Inc.  
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**MEMBER**  
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