



Lionsbrae Hostel

specialist residential aged care

Lionsbrae Hostel is a specialist residential aged care home in Ringwood East. We are small, independent, community based, and we care.

At Lionsbrae our residents reflect the vibrancy and diversity of the broader community: many have a background of homelessness or insecure housing, some are under 65, most are older, some need a high level of care, and some are NDIS participants.

Lionsbrae is caring and engaging.

Specialist residential aged care

RALAC is a verified specialist homeless residential aged care provider. We welcome residents who may have been financially or socially disadvantaged.

Food glorious food!

We know that tasty and nutritious meals are integral to our residents' happiness and well-being and so all our meals are cooked on-site by our Chef and his team.

We also have a regular *Food Focus meeting* where residents guide the menu and food choices.

Respite care

Lionsbrae offers respite care to support people in times of need.

Registered Nurses and care staff

Lionsbrae has a Registered Nurse on duty all day, every day. Our RN's are supported by our wonderful Enrolled nurses and personal care staff.

Memory support unit

Lionsbrae has a dedicated memory support unit.

Lifestyle program

Lionsbrae offers an engaging lifestyle program developed around resident's individual preferences.

Privacy and comfort

All residents' rooms are bright and comfortable with a private ensuite, a nurse call bell, a built-in wardrobe, a comfortable bed and chair, and a sunny window.

Vision and mission

We will strive to provide quality care, services and accommodation to the elderly and most vulnerable in our community. That's what we do.

Allied health services

Lionsbrae offers a wide range of allied health services via on site and visiting practitioners.

Admission enquiries

Call Cathy Hallett or Becky Cardwell
on 03 9870 7523 or email
operations@ralac.org.au

Or visit www.ralac.org.au and find us
on Facebook
<https://www.facebook.com/ralac.inc>

Housekeeping services

All our personal laundry and cleaning services are provided in-house by our housekeeping team.

Want to know more?

We understand that the decision to move into residential care can be confusing and stressful. So, call Cathy Hallett or Becky Cardwell for a no obligation chat on 03 9870 7523 or email operations@ralac.org.au.

Cathy and Becky are happy to answer any questions and/or arrange a tour.

Our history

Lionsbrae Hostel is operated by Ringwood Area Lions Aged Care Inc (RALAC) which is a small community based not for profit organisation.

Our 60+ year heritage stems back to 1963 with the opening of the Lionswood Village affordable housing in Kirk Street, Ringwood. Later in 2003 three Melbourne Lions clubs merged their respective community housing and aged care services to create Ringwood Area Lions Aged Care Incorporated, "RALAC" was born. Lionsbrae Hostel opened in 1984 and was extensively refurbished and expanded in 2016.

Today RALAC provides affordable community housing at our Lionswood Village and Wilana Village, and specialist residential aged care at our Lionsbrae Hostel. We are also proud to collaborate with another charity to provide crisis accommodation (housing).



Lionsbrae Hostel is operated by Ringwood Area Lions Aged Care Inc.(RALAC)
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